



GALLERY

SPA



## Packages

### Take The Morning Off

---

#### HALF DAY PACKAGE

Choice of a 25 minute:

- Grown Alchemist Precise Definition Facial
- Grown Alchemist Smoothing Foot Massage
- Cloud 9 Scalp Massage
- Neck, Back and Shoulder Massage

2 hours use of the facilities (between 10am - 12pm)

Brunch in Palm Court

Robe, towel and slippers provided

Sunday - Wednesday £113pp

Thursday - Saturday £134pp

### Take The Evening Off

---

#### HALF DAY PACKAGE

- Sharing board for two in Palm Court
- Glass of Prosecco

Robe, towel and slippers provided

2 hours use of the facilities (between 6pm - 8pm)

Sunday - Wednesday £71pp

Thursday - Saturday £92pp



### Time For You

---

#### FULL DAY PACKAGE

Choice of a 50 minute treatment:

- Grown Alchemist Defence Facial
- Grown Alchemist Regenerator Facial
- Grown Alchemist Detox Facial
- Grown Alchemist Urban De-stress massage
- Grown Alchemist Body Release Massage
- Grown Alchemist Charcoal Body Polish
- Elemis Peaceful Pregnancy Massage
- Elemis Resurfacing Facial
- Elemis Frangipani Nector Body Wrap

Full use of the spa facilities (between 10am - 6pm)

Afternoon Tea

Robe, towel and slippers provided

Glass of Prosecco

Monday - Sunday £160pp



# Treatments

## ELEMIS

Elemis is an innovative and global British skincare brand with over 30 years of expertise and available in over 45 countries. Their focus is on delivering proven results with feel-good skincare products combined with cutting-edge patented technology. Their award-winning skincare portfolio includes face and body skincare products with revolutionary formulas and spa treatments.

### Elemis Glow Resurface Facial

60 MINUTES

This unique Elemis facial is powered by patented Tri-Enzyme technology, minimising the look of uneven tone, texture, fine lines and pigmentation. As well as looking after your skin this treatment gives you the chance to unwind and relax, enjoy a neck and shoulder massage whilst your Resurfacing peel-off mask targets any stubborn areas.

Sunday - Wednesday £90  
Thursday - Saturday £100

### Elemis Glow Brilliance Facial

60 MINUTES

Your Recipe for Radiance ; nourish and glow with this brightness-boosting facial, reviving dull, lacklustre skin. Turn up the brightness with our triple cleanse, melting away makeup, daily pollutants and grime. A fusion of Superfoods and antioxidant-rich facial oils plump the skin with moisture.

Sunday - Wednesday £90  
Thursday - Saturday £100

### Elemis Biotec Facial

60 MINUTES

BIOTEC facial treatments are where ground-breaking technology meets active ingredients and transformative touch. The innovation of the BIOTEC machine works to switch the skin back on, increasing its natural cellular energy. With 5 different settings, All facial treatments include a full skin consultation which allows for your therapist to determine the most suitable treatment for you.

Sunday - Wednesday £95  
Thursday - Saturday £110

### Elemis Frangipani Body Nector Wrap

60 MINUTES

A deeply grounding experience for skin that's never felt softer. Velvety monoi oil is swept over the body for super hydration, quenching thirsty skin and parched areas. The body is softly cocooned and warmed while the mood-balancing aromatics and skin conditioning oils do their work. Neck, shoulder and scalp massages ease you further into relaxation.

Monday - Sunday £96

### Elemis Bespoke Men's Facial

60 MINUTES

A tailor made treatment for men with soothing facial massage techniques to increase circulation and rejuvenate skin; relax with this facial as hydrating and brightening antioxidants bring working skin back to life.

Sunday - Wednesday £90  
Thursday - Saturday £100

### Elemis Peaceful Pregnancy Massage

60 MINUTES

This intuitive, restorative and relaxing massage for mothers-to-be deeply hydrates skin that is expanding to accommodate a growing baby. Aromatics are specially selected for optimum wellness and deep calm.

Sunday - Wednesday £90  
Thursday - Saturday £100



## Treatments

### GROWN ALCHEMIST

Through the understanding of cellular renewal and nutrient metabolism, Grown Alchemist formulates products which represent a new evolution in skincare. Scientifically-innovative formulas are capable of influencing the way the body repairs and regenerates the skin. Grown Alchemist product innovation is at the forefront of progress being made in fields such as medicine, nutrition and dermatology.

#### Grown Alchemist Precise Definition Facial

**30 MINUTES**

Your treatment begins with an invigorating cleanse and tone, while skin is fed a continuous mist of detoxifying antioxidants. A specific protocol of targeted lifting and draining massage movements help sculpt, define, and accentuate your facial features.

Monday - Sunday £55

#### Grown Alchemist Re-Generator Facial

**60 minutes**

Decelerate the signs of aging with this total skin system-reboot. Coveted Triple-Weight Hyaluronic Acid and Peptides 3 + 8 are used to encourage collagen production and improve skin firmness. These potent actives are combined with lymphatic drainage and cryotherapy provide instant results.

Sunday - Wednesday £85  
Thursday - Saturday £95

#### Grown Alchemist Defence Facial

**60 MINUTES**

This facial is like a strengthening skin smoothie. Throughout your facial, skin is fed a cocktail of bio-compatible antioxidants and revitalising actives, reintroducing the nutrients your skin. Combined with energising massage movements, the skin's natural defence barrier is strengthened, fine lines are visibly smoothed, and radiance is restored.

Sunday - Wednesday £85  
Thursday - Saturday £95

#### Grown Alchemist Body Release Massage

**60 MINUTES**

Release and re balance with this full-body massage. Deep muscular tension is released, and the body's natural detoxification process is supported. This treatment offers a combination of neuro-lymphatic reflex pressure points. Full-body detoxification is ensured through this treatment.

Sunday - Wednesday £85  
Thursday - Saturday £95

#### Grown Alchemist Detox Facial

**60 MINUTES**

A deep cleansing facial like no other, this treatment has been designed to detox the skin at a cellular level; Cupping therapy is used to increase blood flow, aid drainage of unwanted fluids, reduce visible puffiness, and help firm the skin. Leave feeling thoroughly rejuvenated and slide back into your routine with a smoother, younger-looking complexion.

Sunday - Wednesday £85  
Thursday - Saturday £95

#### Grown Alchemist Urban De-stress Massage

**60 MINUTES**

This de-stressing treatment targets these areas, harnesses it, and encourages a release through deep relaxation. To do this, we use a bespoke system of soothing massage, lymphatic stimulation, myofascial release and a pressure point massage of the back and feet.

Sunday - Wednesday £85  
Thursday - Saturday £95



## Treatments

### Grown Alchemist Charcoal Body Polish

**60 MINUTES**

With a unique blend of volcanic pumice granules, tangerine and chamomile extract, this delicious scrub exfoliates to remove dead cells while drawing out bacteria and impurities. The body is left feeling healthy, supple, and visibly revived.

Sunday - Wednesday £85

Thursday - Saturday £95

### Grown Alchemist Soothing Foot Massage

**30 MINUTES**

This soothing and restorative pressure point foot massage works wonders on heavy legs and feet. It focuses on stimulating organ function, encouraging drainage, enhancing flexibility and mobility.

Monday - Sunday £55

### Mii

A super shiny durable 'soak-off' gel polish with a self-levelling formula which can be easily removed without damage to the natural nail. Ideal for busy people with busy hands.

### Nails

Mii Gel Express Manicure	£25 - £35
Mii Gel Luxury Manicure	£45 - £55
Mii Gel Express Pedicure	£28 - £38
Mii Gel Luxury Pedicure	£48 - £58
Soak Off	£5

### Waxing

Full Leg Wax	£45
Half Leg Wax	£30
Intimate Wax	£45
Underarm Wax	£15
Bikini Wax	£30
Lip Wax	£15







M  
GALLERY  
SPA